

About Us

We, at the Filipino Combative Arts Academy, pride ourselves in being the only school in RI certified and authorized to teach the Authentic Filipino cultural combative fighting art of Pekiti-Tirsia Kali as taught by the Supreme Grand Master Grand Tuhon Leo T. Gaje Jr. Sanctioned by Grand Tuhon Leo T. Gaje Jr., here at FCAA we train to learn first, and then we train to fight. Performance against a real fighter, an athlete, is what matters. Increased performance is the only true test. You must be competent in stand-up, clinching, ground and weapons range of combat. We believe in training realistically and athletically, you will be learning effective techniques for each range and understand their relationship to one another. We drill, spar, adjust the drills and spar some more.

""You have to have the guts to stand on your own and face your demons. You do that through the environment created by resisting opponents. The more contact you make, the more likely you are to confront your own ego.""

We welcome any person who believes they are disciplined enough to embrace this type of training. We provide a safe and healthy environment where a person can develop their skills. Action is truly the high road to self-esteem. It's about self-knowledge, self-preservation and self-perfection, that's the beginning of the spiritual

Here at FCAA we train to learn first, then we train to fight.

FCAA Program Schedule (subject to change without notice)

Wednesday

6pm — 8pm **Pekiti-Tirsia Kali**

Friday

6pm — 8pm **Pekiti-Tirsia Kali**

Sunday

9am — 12pm **Open Class**

<http://www.fcaa-ri.com>

FILIPINO COMBATIVE ARTS ACADEMY

BLADE TO BOXING



Filipino Combative Arts Academy
33 Shady Lea Road
North Kingstown, RI 02852
Phone: (401) 294-5814
<http://www.fcaa-ri.com>

Disciplines

Philosophy

The curriculum of FCAA prepares practitioners for the unruly world wherein 360 degree awareness is essential and unexpected situations are the norm. One must be multi-dimensional in all facets of combat whether it be on the ground, on your feet, against a wall or extreme closed quarters against a knife or stick wielding predator. At the core of FCAA is the philosophy that “The new status quo lasts only until a way is found to neutralize and /or counter those unfamiliar structures and dynamics.” All advantages are transitory. No one beats everyone but everyone learns. The idea is simply that the wheel turns.



“The goal is to have real skills throughout the entirety of ones life, not only when one is a young competitive Athlete”

Pekiti-Tirsia Kali:

Pekiti-Tirsia is an attack system of combat proven strategy, tactics and techniques executed through the principles of offense, counter-offense and re-counter-offense. Instructors will provide students with clear and concise knowledge and understanding in combat blade fighting and its applications with all edged /impact /empty-hands weapons. The material presented will be geared towards certification. To obtain certification the student must have completed the required training hours and curriculum, exhibit knowledge, understanding and proficiency in their skills. The goal is to have real skills throughout the entirety of ones life, not only when one is a young competitive Athlete.

Blade to Boxing:

Created and developed by the Founder and Instructor of FCAA, James Anonuevo, it is a Martial Art that blends an extremely effective combination of the Pekiti-Tirsia knife system and western boxing. This art has been created and developed on the foundation of the Pekiti-Tirsia system which is a system of combat proven strategy, tactics and techniques executed through the principles of offense, counter-offense and re-counter-offense. You will develop the ability and skills to be applicable to any and all ranges dedicated to empty hands fighting and/or weapons based fighting regardless of whether it is in the Ring or for street defense.

100% of fights start standing up
80% of fights end up on the ground
20% of fights end up in the clinch range

Muay Thai / Kickboxing:

Students will develop extreme confidence and proficiency from any and all stand-up fighting positions that will be learned from these two disciplines. Within these two disciplines students will be provided a program that will enhance their capabilities, determination, and self-preservation skills. Another benefit of these two disciplines are the great cardio workout they provide.

Grappling / Submission:

Students will be trained in the intricacies of the art of fighting from the ground positions. It's a combination of Greco-Roman, freestyle wrestling mixed with Brazilian Jiu Jitsu submission grappling. This discipline will also be combined with Kali-Tudo. It will blend into an extremely effective and formidable ground defense. It is an excellent testing vehicle for anybody in the world today

Law Enforcement (Reality Based) Training:

A testing ground for Law Enforcement personnel using a variety of different scenarios and fighting environment. This curriculum will explore and test theories such as:

- 21 foot rule
- Quick draw ground defense.
- Grappling w/ edge weapons (no lie blade, shock knife).
- Tactical ground shooting.
- Multiple opponents engagement drills.
- Tactical draw / Point shoot.
- Survival Stress Management - (ex.) Situation that require adjustment of our behavior involuntary response (Blood Pressure, Heart Rate, Breathing).
- Survival Reaction Time - Perceiving a threat, using 5 to 10 second drills that revolve around the mind-set of engagement and takeout.
- Increase Law Enforcement officers situational confidence through stimulus response training exercises.

“Real combat usually involves weapons” - Grand Tuhon Leo Gaje