

## Student Quarterly Discount Plan

Students and their families may utilize this program to enroll at a reduced quarterly rate. This quarterly discount plan does not apply to any student on a month to month payment plan.

Months	3	6	9	12
Savings	3%	6%	9%	13%
Savings	\$10	\$36	\$81	\$156

## Family Packages Discount Plan

Families may utilize this program to enroll at a reduced rate. The second family member will pay 85% of any quarterly 3, 6, 9 or 12 month program they sign up for and any other direct family member.

## Referral Discount

Any student enrolled at the Filipino Combative Arts Academy and has a friend who enrolls in a year long program, that student will receive a 10% discount on the monthly fees for one year.

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**Filipino Combative Arts Academy**  
**33 Shady Lea Road**  
**North Kingstown, RI 02852**  
**Phone: (401) 294-5814**  
**<http://www.fcaa-ri.com>**

# FILIPINO COMBATIVE ARTS ACADEMY

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## PROGRAM FEE SCHEDULE

### Reality Based training

Students may participate in any class for adults within the Academy during each week of the month. Student monthly tuition is \$100.00. They are able to participate in any of the following disciplines:

**Grappling / Submission**

**Pekiti-Tirsia Kali**

**Boxing /Blade to Boxing**

**Muay Thai /Kick-Boxing**

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### Law Enforcement Training Class

**\$35.00 Per Session**

**\*Law Enforcement classes are open only to active law enforcement personnel**

# Disciplines

## Philosophy

The curriculum of FCAA prepares practitioners for the unruly world wherein 360 degree awareness is essential and unexpected situations are the norm. One must be multi-dimensional in all facets of combat whether it be on the ground, on your feet, against a wall or extreme closed quarters against a knife or stick wielding predator. At the core of FCAA is the philosophy that “The new status quo lasts only until a way is found to neutralize and /or counter those unfamiliar structures and dynamics.” All advantages are transitory. No one beats everyone but everyone learns. The idea is simply that the wheel turns.

## Pekiti-Tirsia Kali:

Pekiti-Tirsia is an attack system of combat proven strategy, tactics and techniques executed through the principles of offense, counter-offense and re-counter-offense. Instructors will provide students with clear and concise knowledge and understanding in combat blade fighting and its applications with all edged /impact /empty-hands weapons. The material presented will be geared towards certification. To obtain certification the student must have completed the required training hours and curriculum, exhibit knowledge, understanding and proficiency in their skills. The goal is to have real skills throughout the entirety of ones life, not only when one is a young competitive Athlete.

## Blade to Boxing:

Created and developed by the Founder and Instructor of FCAA, James Anonuevo, it is a Martial Art that blends an extremely effective combination of the Pekiti-Tirsia knife system and western boxing. This art has been created and developed on the foundation of the Pekiti-Tirsia system which is a system of combat proven strategy, tactics and techniques executed through the principles of offense, counter-offense and re-counter-offense. You will develop the ability and skills to be applicable to any and all ranges dedicated to empty hands fighting and/or weapons based fighting regardless of whether it is in the Ring or for street defense.

## Kali Tudo:

A combination of stick-fighting and submission grappling. Students will be provided with extreme training both physically and mentally. The range of skills required for this type of fighting is quite broad and is an excellent testing vehicle for anybody in the world today. A good stick-grappler has good stick (skills), good grappling (skills), good stick-grappling (skills) and can keep track of all three simultaneously.

## Muay Thai / Kickboxing:

Students will develop extreme confidence and proficiency from any and all stand-up fighting positions that will be learned from these two disciplines. Within these two disciplines students will be provided a program that will enhance their capabilities, determination, and self-preservation skills. Another benefit of these two disciplines are the great cardio workout they provide.

## Grappling / Submission:

Students will be trained in the intricacies of the art of fighting from the ground positions. It's a combination of Greco-Roman, freestyle wrestling mixed with Brazilian Jiu Jitsu submission grappling. This discipline will also be combined with Kali-Tudo. It will blend into an extremely effective and formidable ground defense. It is an excellent testing vehicle for anybody in the world today

## Law Enforcement ( Reality Based ) Training:

A testing ground for Law Enforcement personnel using a variety of different scenarios and fighting environment. This curriculum will explore and test theories such as:

- 21 foot rule
- Quick draw ground defense.
- Grappling w/ edge weapons (no lie blade, shock knife).
- Tactical ground shooting.
- Multiple opponents engagement drills.
- Tactical draw / Point shoot.
- Survival Stress Management - (ex.) Situation that require adjustment of our behavior involuntary response (Blood Pressure, Heart Rate, Breathing).
- Survival Reaction Time - Perceiving a threat, using 5 to 10 second drills that revolve around the mind-set of engagement and takeout.
- Increase Law Enforcement officers situational confidence through stimulus response training exercises.

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100% of fights start standing up  
80% of fights end up on the ground  
20% of fights end up in the clinch range

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“Real combat usually involves weapons” - Grand Tuhon Leo Gaje